

Barlby Bridge CP School
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School
Newsletter 11
19.2.19



Headteacher –Mrs C Hughes

Deputy Headteacher/Co-Headteacher – Mr G Dyer

Healthy Lifestyles Open Morning

Thank you so much to the Parents, Carers and Grandparents who were able to join us for the open session today; we hope you found it both informative and enjoyable. The classroom sessions started with an example lunchbox containing high sugar items. The children had the task of weighing out how much sugar the lunchbox contained in total. This was then compared to the daily recommended sugar allowance for each age group. Each class then had the opportunity to look at, make and eat healthier lunchbox alternatives and the amount of sugar was weighed again to compare the two different examples. The sugar bag comparisons are now on display in school; please do have a look for yourself if you have a minute. It is incredible the amount of hidden sugar that is in many of the everyday items we buy and in completing this work we help to support and educate the children in making healthy and balanced food choices. Thank you so much to Tesco for supplying the wraps and fresh fruit for this event. The Change 4 Life website has a lot of useful information on healthier food choices and lunchbox ideas. There is also a great barcode scanner app you can download which tells you instantly how many sugar cubes there are in an item. If you do have concerns about your child's weight, you can refer into Healthy Choices, which is a FREE 12 week programme for 4-19 year olds who are above a healthy weight. One of the healthy lifestyle advisors will work with you and your family for up to 12 weeks, delivering fun and interactive sessions on a whole range of different topics around nutrition, health and lifestyles. If you wish to refer in to this service, the form is available on the school website or contact 01609 798081. You can alternatively speak to Mrs Hughes of Mrs Herrington who can make the referral on your behalf. We are in the process of updating our healthy eating policy and guidance related to school lunch boxes will follow after half term.



BBS School Library

At Barlby Bridge we are very lucky to have our own lending library and it would be great to see as many children as possible using this resource. To relaunch our lending service we would like to invite you to special lending events at the school library where you and your child can pop in after school and choose a book to take out and enjoy at home.

Each week the library will be open to parents and children from EYFS and Key Stage 1 from 3.10 until 3.30pm. On Monday's (starting on 4th March) it will be open for children and parents from Mercury. Starting on Tuesday 5th March it will be open to parents and children from Venus and Earth. Children from classes in Key Stage 2 can attend during break times throughout the week to return and take out books where our team of librarians will be in attendance.

Library Returns

We currently have 68 books out that are due to be returned. In order to provide as wide a choice of books as possible and to maintain our stock, we would greatly appreciate it if you could you have a look at home for any school library books and return to your child's class teacher.

Lotherton Hall

On Wednesday 6th February, Venus and Earth classes visited Lotherton Hall to support their science work on the 'Frozen Planet' and habitats. As part of the day the children were able to explore the park and see a variety of different animals and birds in their habitats, including a herd of deer. They were shown around the wildlife park by a guide and learnt about how important habitats are and how these change depending on location and species. A highlight of the day was seeing the penguins have their lunch and the opportunity to see a Tapir, which is normally resident in the Amazon rainforest. Thank you to the staff of Lotherton Hall for making the day so memorable

School Attendance

Our school attendance has increased again. It's currently 96.2%, which is excellent to see. Congratulations to class Earth who had 100% attendance last week; they have now taken over from Jupiter who have been our longstanding attendance champions for most of the year. The race is on!

Can you help?

As part of their Science topic, Class Mars are creating a sensory garden for Class Venus and Class Earth. We are already busy growing herbs and flowers in our recycled plant pots and we now need to start making other items to stimulate the children's senses whilst in the garden.

We need...

- ❖ Card board milk cartons.
- ❖ 2 litre plastic bottles
- ❖ Any old CDs
- ❖ And any plastic bags that are not in use anymore.

If you have any of these items, please drop at the office by next Tuesday.

Thank you so much for your help.



Chance to Chat

The half termly parent forum meeting will take place this Wednesday at 9.00am. Topics for discussion will include parental communication and new proposals for sharing information about how your child is progressing in school. I am also happy to share ideas from parents about improving the parking situation on Thomas Street as part of the meeting too. Please do come along if you can. The group is open to all parents from Nursery to Year 6 and it helps to have as much representation from as possible. Tea, coffee and cake will be provided.

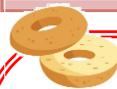


World Book Day

To celebrate stories and inspire a love of reading, we will be dressing up for World Book Day this year which is on Thursday 7th March. The children will also be completing activities in their classes related to reading and the focus this year will be picture books. Please do not go out and buy a specific costume though, we love to see home-made items. We will also be having an extreme reading competition. Over half term the children will be tasked with finding an unusual reading spot whether it be at home or out and about.

Important Dates for your Diary

Thursday 21st February	Mars (Year 3) class open morning
Friday 22nd February	School closes for half term
Monday 4th March	School opens
Tuesday 5th March	Jupiter Parent Reading Session- 2.30- 3.05pm
Thursday 7th March	World Book Day- Info to follow We WILL be dressing up this year
Tuesday 12th March	Saturn Reading Session- 2.30- 3.10pm
Tuesday 19th March	Neptune Reading Session - 2.30- 3.10pm
Thursday 21st March	Saturn class open morning for parents: 9.00-10.00am
Wednesday 27th March	Reception and Jupiter (Year 4) Parents' evening
Thursday 28th March	Parents' evening whole school
Thursday 4th April	School Fundraising Event
Friday 12th April	School closes for Easter Holiday



Magic Breakfast

magic breakfast
fuel for learning

After half term, we will be providing breakfast in school for all children who want as they arrive. This project is being supported by Magic Breakfast funding through the sugar tax bill; the aim of which is to ensure no child arrives hungry for school. The school will be supplied with healthy bagels and low fat spread which will be available in all classes as children arrive. We have a group of Year 5 and 6 children volunteers who plan to come to the breakfast club slightly earlier to prepare and toast the bagels for the rest of school. We are also being supplied with a new picnic bench which will be set up as an outdoor breakfast station in the summer term.

We are working closely with Tesco to deliver our healthy lifestyles project work across school and hope in time to also offer a weekly healthy tuckshop to the children in KS2.

Congratulations...

To Mrs Brant and her husband Matthew who are expecting a baby in July. We wish Mrs Brant all the very best for the rest of her pregnancy.