



**North Yorkshire
County Council**

What's On

September to December 2016



Children and Families: Prevention—Selby Town

	Time	Activity	More Information	Where
MONDAY	9:00am - 11:00am Just Drop In	Family Support Drop In 12th September, 3rd October, 7th November, 5th December	For expectant parents or parents with a child 0-19 years old. Information, support and guidance on issues including child development, behaviour management, relationships, finance etc.	Selby South Children's Centre YO8 8DJ
	9:00am - 11:00am Just Drop In	Family Support Drop In 19th September, 17th October, 21st November, 19th December	For expectant parents or parents with a child 0-19 years old. Information, support and guidance on issues including child development, behaviour management, relationships, finance etc.	Selby North Children's Centre YO8 4DL
	9.30am - 11.30am	Child-minder Drop in 19th September, 17th October, 21st November, 19th December	Are you a Child Minder? Come along to a fun play session with the children you care for. Child-minder led session.	Selby South Children's Centre YO8 8DJ
	10:00 am - 11:30am Just Drop In	Baby Play and Development Group	Join in the fun and play activities to encourage your child's early development and meet other parents and carers. From birth - 18 Months. £1 per Family	Selby North Children's Centre YO8 4DL
	1:00pm - 2:30pm Contact the centre to book your place	Baby Massage 5th September - 3rd October 7th November—5th December	A five-week practical course on the techniques and benefits of baby massage for parent/carer and baby, facilitated by a qualified and experienced practitioner. From 6 weeks - Crawling. £15 per 5 week course	Selby North Children's Centre YO8 4DL
	1:30pm - 2:30pm Just Drop In	Mini Music Movement and More	Baby Music Session with instruments, singing, rhymes and actions. From birth—walkers £1.50 per family	Selby South Children's Centre YO8 8DJ
	3:30 pm- 5:00pm Contact the Children's centre for more information	Arrows 19th Sept—17th Oct	A group to help develop self -esteem and social skills. Referral only. From 7-10 yrs.	Selby South Children's Centre YO8 8DJ

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TUESDAY	9.30am -11.30 am Referral Only	Incredible Years 20th September—29th November	10 week parenting course for parents, around behaviour and child development 3—6 Years (crèche limited places)	Selby North Children's Centre YO8 4DL
	1:30pm - 3:00pm Just Drop In	Child Health Clinic	Drop in to see your health visiting team to get advice on your child's health and well-being. Baby Weighing available.	Selby South Children's Centre YO8 8DJ
	1:30pm – 3:00pm Referral through Health Visitor or Speech Therapist	Building Blocks 27th September—15th November	Focused sessions for children who have speech and language development delay or concerns. Play based experiences and information for parents/carers. 2 - 3 Years.	Selby North Children's Centre YO8 4DL
	1:30pm - 3:00pm Just Drop In	Young Beginners	A chance to meet other parents of a similar age to enjoy fun activities with your children . Parents to be/Parents under 25 years old. Free	Selby North Children's Centre YO8 4DL
	5:45pm - 7:15pm Just Drop In	Youth Club 11 years—13 Years	Games, crafts, space to sit and chat. Term Time Only.	Selby Town Hall (Back Entrance) YO8 4AH
	7:30pm - 9.00pm Just Drop In	Youth Club 14 years—19 Years	Free	
WEDNESDAY	10:00am - 11:30am Just Drop In	Babies and Tots	Join in the fun and play activities to encourage your child's early development and meet other parents and carers. From birth - 18 Months. <i>£1 per Family.</i>	Selby South Children's Centre YO8 8DJ
	10:00am– 12:00pm Contact the centre to book your place	Healthy Cooking on a Budget 2nd November, - 30th November (5 week course)	Planning healthy family meals on a budget. Cooking, Budgeting, Nutrition	Selby North Children's Centre YO8 4DL
	1:00pm - 3:00pm Just Drop In	Lets Play Whatever the Weather	A play session for children and parents/ carers together. Try new experiences, crafts and messy play. Access to outside play – whatever the weather! From Birth - 5 Years. <i>£1 per family.</i>	Selby North Children's Centre YO8 4DL
	1:00pm - 3:00pm Contact the centre to book your place.	CACHE: Accredited adult learning— Support Children's positive behaviour 21st September - 7th Dec (term time only)	Work towards a level 2 qualification in Childcare . Learn how to positively manage young children's behaviour at home and in settings.	Selby South Children's Centre YO8 8DJ

	Time	Activity	More Information	Where
WEDNESDAY	6:00pm - 8:00pm	LGBT Group 14th September, 26th October 16th November 21st Dec 14– 19 years	Youth group for those who are or think they might be Lesbian, Gay, Bisexual, Trans and Questioning. Have some fun, meet new people , get information and support Free	For More information & Venue please contact Pip Nix on 07542 174275
THURSDAY	10:00am -11:30am Just Drop In	Breastfeeding Cafe	Breastfeeding or thinking about breastfeeding when you have your baby? Come along for refreshments and advice from a breastfeeding counsellor and breastfeeding peer supporters. £1.00 per family.	Portholme Church YO8 4QH
	1:00pm - 3:00pm Contact the Centre for more information and for dates.	Yorbabe	A 7 week programme for mums-to-be and Dads-to-be to support through pregnancy, birth and parenthood . Parents-to-be under 25 years old.	Selby South Children’s Centre YO8 8DJ
	1:30pm - 3:00pm Contact the centre to book your place	Small Talk 22nd September—3rd November(No during half term)	A 7 week programme to support your child’s speech, language and communication. We use different play ideas each week to encourage development and skills. 1 - 2 Years Old.	Selby South Children’s Centre YO8 4DL
	1:00pm - 2:30pm Contact the centre to book your place	Christmas on a Budget 3rd November - 8th December	Home made Christmas Crafts, Planning Christmas Dinner and looking at budgeting for the big day. Limited Crèche available	Selby North Children’s Centre YO8 4DL
	1:30pm - 3:00pm Just Drop in	Young People’s Drop In	Drop in session to help think about options and look at applying for jobs, training opportunities, CV writing support, careers info etc. 16 - 19 Years Old (25 with SEND)	Selby Library YO8 4EQ
	5:45pm - 7:15pm Just Drop In	Youth Club 11 years—13 Years	Games, crafts, space to sit and chat. Term Time Only.	Salvation Army Hall Parkin Avenue YO8 8DJ
	7:30pm - 9:00pm Just Drop In	Youth Club 14 years—19 Years	Free	St Richards Hall, Barwic Parade YO8 8DL
Did you know? You may now see your Community Midwife or Health Visiting Team for appointments at Selby Town Children’s Centres - they will contact you to arrange to see you				

	Time	Activity	More Information	Where
FRIDAY	9:00am - 11:00am Just Drop In	Scott Road Child Health Clinic	Drop in to see your health visiting team to get advice on your child's health and well-being. Baby Weighing available.	Scott Road Medical Centre
	9:30am - 11:30am Just Drop In	Lets Play Whatever the Weather	A play session for children and parents / carers together. Try new experiences, crafts and messy play. Access to outside play – whatever the weather! From Birth - 5 Years £1 per family.	Selby South Children's Centre YO8 8DJ
	9:30am - 10:15am 9 months to 2yrs 10:30am – 11:15am 2yrs +	Mini Maestros Term Time only	Magical music classes for children aged 9 months to Pre-School. Call Adele on: 07894 869 951 or email adele@minimaestro.co.uk for more information, prices and to book your place.	Selby North Children's Centre YO8 4DL
	1:00pm - 2:30pm Contact the centre to book your place	Baby Massage 9th September—7th Oct 11th November -9th Dec	A five-week practical course on the techniques and benefits of baby massage for parent/carer and baby, facilitated by a qualified and experienced practitioner From 6 weeks - Crawling. £15 per 5 week course .	Selby South Children's Centre YO8 4DL

Sensory Play Room at Selby North Children's Centre

Monday 9:00am, 10:00am, 11:00am, 1:00pm, 2:00pm 3:00pm

Tuesday - Thursday 9:00am, 10:00am, 11:00am,

Friday 9:00am, 10:00am, 11:00am, 1:00pm, 2:00pm 3:00pm

Book our cosy sensory room slots for up to 4 individuals at a time. Explore textures, lights and sounds.

Ideal for children under 2 and for children with additional sensory needs.

£1 per family. Contact the centre to book a slot

Prevention service

The Children and Families Prevention service brings together a range of preventative work which:

- Operates seamlessly throughout the 0-19 age range;
- Eliminates duplication, unnecessary and unhelpful transitions for families;
- Has a new way to provide services, including a greater capacity to provide early help in a more targeted way children, young people and families; and
- Is co-located with the Healthy Child Teams (5-19)

Our vision is that "families in North Yorkshire are able to access readily a range of support to ensure that their children are safe, happy and well, and that they can flourish at school and in the wider world".

Selby North Children's Centre

Tel: 01609 535111

Email: selbynorthcc@northyorks.gov.uk

Selby North Children's Centre
Flaxley Road, Selby, YO8 4DL

Selby South Children's Centre

Tel: 01609 797598

Email: selbysouthcc@northyorks.gov.uk

Selby South Children's Centre
Barwic Parade, Selby, YO8 8DJ

Visit our website

www.nyfamilies.info

or call our friendly team on
01609 533483

You could also email us at

fis.information@northyorks.gov.uk

or text **07624 802425**



Find us on Facebook

www.facebook.com

search for **Selby Town Area** and
like our page! See new events.

Other Information

Holiday Fun	Music , Movement and More (confident walkers –5 years)Selby North -25th Oct and 20th Dec (Christmas themed session)- 10.30am-11.30 am. Please look out for other holiday sessions including family learning .
Volunteering	We need your help. Every Centre needs an extra pair of hands on occasions. We need volunteers to help with a lot of what we do, ranging from just an hour of help on one occasion, to parents providing support for regular sessions. We would be delighted to hear from you if you could help in any way.
Calling all Dads/ Family men and other family members to family fun activities	For fun family sessions just drop in at Selby South Children's Centre At 10.00am - 11.30 am with Sam Safaris On Saturday, 1st October 2016 And Family Christmas Party on Saturday 17th December 2016 Cost: £1 per child –Contact Selby South for more information
Antenatal Breastfeeding Workshops	Sunday 4th December 2016 -Selby North Children's Centre To book onto a course or for more information mums should email selbybreastfeedingworkshop@gmail.com and Kat will send them all the information they need. The workshops are free, and we will ask for a voluntary donation.
Healthy Start Vitamins	Healthy Start Vitamins are on sale in Selby Town Children's Centres. Women's Vitamins Tablets—75p, Children's Vitamin Drops—£1.40 or Exchange your Healthy Start Vouchers. For more information ask a member of staff.

Contact us

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780 780**

Email: customer.services@northyorks.gov.uk Web: www.northyorks.gov.uk

If you would like this information in another language or format please ask us.

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