

AUTUMN TERM MENU 2017

	Week 1 served W/C 4 <sup>th</sup> Sept, 25 <sup>th</sup> Sept, 16 <sup>th</sup> Oct, 13 <sup>th</sup> Nov, 4 <sup>th</sup> Dec	Week 2 served W/C 11 <sup>th</sup> Sept, 2 <sup>nd</sup> Oct 30 <sup>th</sup> Oct, 20 <sup>th</sup> Nov, 11 <sup>th</sup> Dec	Week 3 served W/C 18 <sup>th</sup> Sep, 9 <sup>th</sup> Oct, 6 <sup>th</sup> Nov, 27 <sup>th</sup> Nov 18 <sup>th</sup> Dec
M O N D A Y	<u>MEAT FREE MONDAY</u> Quorn tikka masala & brown rice Broccoli & sweetcorn Bread  Sticky toffee pudding & custard	Pork meatballs with tomato sauce Pasta Sweetcorn & peas Wholemeal bread  Arctic roll & peaches	Pasta with tomato sauce & roasted vegetables Sweetcorn & salad Bread  Rice pudding with Mandarin oranges
T U E S D A Y	Homemade sausage roll Chips Baked beans & peas Sliced wholemeal bread  Strawberry yoghurt & biscuit	Cottage pie Carrots & cabbage Pitta Bread  Apple crumble & custard	Minced beef & dumplings Carrots & cabbage Creamed potatoes Crusty bread  Custard cookie & apple wedge
W E D N E S D A Y	Minced beef & Yorkshire pudding Creamed potatoes Broccoli & carrots Crusty bread  Oaty bar with sultanas	Roast Chicken, stuffing & gravy Potatoes Carrots & green beans Bread  Krispie date crunch	Chicken korma & rice Broccoli & cauliflower Naan bread  Gingerbread & custard
T H U R S D A Y	Chicken fingers Baked potatoes Sweetcorn & salad Pitta bread  Shortcake, custard & pineapples	Pizza Chips Sweetcorn & salad Bread  Chocolate cake & chocolate custard	Minced beef hotpost Peas & carrots Bread  Sponge & custard with berries
F R I D A Y	Battered Fish Potato wedges Peas & salad Bread Tomato ketchup  Chocolate crispie & orange quarter	Breaded salmon fillets Potato wedges Peas & sweetcorn Bread Tomato ketchup  Iced bun with sultanas	Fish Fingers Chips Baked beans & sweetcorn Wholemeal Bread  Sponge cake with fruit