Barlby Bridge CP School Thomas Street Barlby Road Selby North Yorkshire YO8 5AA Tel - 01757 703650 Fax - 01757 291001



Headteacher – Mrs Claire Hughes

Deputy Headteachers – Mr Chris Chappell Mrs Wendy Hockley

Dear Parents,

We have recently reviewed our Sex and Relationships Education Policy to ensure that it fully reflects the most recent guidance from the DfE and North Yorkshire County Council. The Standards and Pupils Governing Body Committee met last term to approve the policy and it is now available for download from the school website:- www.barlbybridgen-yorks.sch.uk

The policy was shared at the Parent Forum group yesterday along with some of the teaching material that will be used to supplement this learning in school. If you were unable to attend the meeting and would like the opportunity to view these resources, please speak to Mrs Herrington who teaches in Earth Class on Monday, Tuesday and Wednesday. Obviously, the content of the Sex and Relationships Education will be dependent upon the age of the children but aspects will be taught during PSHCE from Year 1 upwards. Please see the guidance overleaf which details the progression of objectives through school.

Right of Withdrawal of Pupils from Sex and Relationship Education

Some parents prefer to take the responsibility for aspects of this element of education. You have the right to withdraw your child from all or part of the sex and relationship education except for those parts included in the statutory National Curriculum (i.e. in Science lessons). We would make alternative arrangements in such cases. If you are considering withdrawing your child from these lessons we would encourage you to discuss your decision with the class teacher and myself at the earliest opportunity as alternative provision will need to be arranged.

Please sign and return the attached form by **Wednesday 27th January** to confirm you have read the attached information, the schools SRE policy and are happy for your child to take part in these lessons.

Yours Sincerely Mrs C Hughes

Headteacher

I agree for my child as named below, to be part of discussions relating to their year groups 'Me and My Relationships' PSHCE objectives.

Child's name

Parent/ Carer name

Signature

PSHE – taught through the theme of Me and My Relationships

Year 1

- ➤ I know that there are different types of relationships family, friends and others
- > I know that family and friends should care for each other
- ➤ I know about change and loss and the associated feelings

Year 2

- I know about the changes that have happened to my body since birth
- I can guestion whether boys and girls should behave differently
- > I know the names for the main body parts (including external genitalia) and the similarities/differences between boys and girls
- I understanding the importance of valuing of one's own body and recognising its uniqueness
- I know that individuals have rights over their own bodies, and that there are differences between good and bad touching
- ➤ I know who I can go to if I am worried about something
- > I know about the process of growing from young to old and how people's needs change

Year 3

- > I can identify different types of relationships and show ways to maintain positive and healthy relationships
- I understand that relationships may change over time
- I can judge what kind of physical contact is acceptable or unacceptable and how to respond -including who I should tell and how to tell them
- I understand the difference between secrets and surprises and understand not to keep adult secrets and when to support a friend to tell a trusted adult
- > I know how other families are similar or different to mine
- I understand that it is OK to be different to others
- > I understand about growing and changing and new opportunities and responsibilities that increasing independence may bring

Year 4

- I feel good about myself and my body
- > I understand the language used to describe changes and feelings
- > I understand that my body and emotions will change as I grow older
- I can recognise what love is
- I know that there are different kinds of families and partnerships

Year 5

- > I can name and explain male and female body parts, relating to Sex and Relationship Education
- I know the ways in which boys and girls grow and develop in puberty physically and emotionally
- I recognise, as I approach puberty, how people's emotions change at that time and how to deal with my feelings towards myself, my family and others in a positive way
- I am aware of different types of relationships and what makes them a positive, healthy relationships and I have the skills to form and maintain a healthy relationship
- I know where individuals, families and groups can get help and support
- I understand the importance of being respectful to everyone and to recognize and care about others people's feelings but if appropriate I feel able to confidentially challenge their view point

Year 6

- I know about human reproduction including conception
- I understand the physical and emotional changes I will go through at puberty
- I recognise different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable
- I understand that civil partnerships and marriages are examples of stable, loving relationships freely entered into by both people
- ➤ I know that relationships change over time and that new relationships and friendships develop and the features of a positive healthy relationship
- ➤ I know how to ask for help and have a range of strategies to resist pressure to do something dangerous, unhealthy, that makes me feel uncomfortable, anxious or that I believe is wrong including when to share a confidential secret
- I can recognise the difference between aggressive and assertive behaviour and developed some strategies to resolve disputes and conflict