

Keeping Safe Online

A guide for parents and families

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Questions

- Would you talk to someone you didn't know?
- Would you speak to someone you have never met like they were your best friend?
- Would you speak to someone you have never met and be really horrible to them?
- Would you hang up your personal pictures of yourself in a public place for everyone to see?
- Would you walk around naked/ topless?
- Would you tell any one where you lived /Which school you went to?

http://www.youtube.com/watch?v=_o8auwnJtqE (jigsaw)





Safer Internet.org.uk – parent controls

most popular devices, highlighting the safety tools available and empowering parents with the knowledge they need to support their children to use these technologies safely and responsibly.



Smartphones

This includes: BlackBerry, iPhone



Gaming devices

This includes: Xbox 360, PlayStation 3, PSP, Nintendo Wii, Nintendo 3DS, Nintendo DSi



- Smartphones
- Gaming devices
- Internet-enabled devices
- Teachers and professionals
- Foster carers, adoptive parents and social

Quick downloads:



+ see our updated guides for the iPad, iPod Touch and our newest guide for the Kindle Fire

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology>



Controls are not a single solution to staying safe online; talking to your children and encouraging responsible behaviour is critical. However, controls are a vital first step to helping to protect your child online, and here seven simple things you can do to use them effectively:

1. Set up home broadband parental controls and make use of controls on your home broadband.
2. Set controls on your search engine; encourage your child to always use child-friendly search engines, and activate and lock the safe search settings on the browsers and platforms they use.
3. Make sure every device is protected. Controls should be installed on every device your child uses, such as their mobile phone, tablet and games consoles (both home and handheld).
4. Use privacy settings. Activate the safety measures offered by different sites; social networking sites like Facebook have privacy settings that will help prevent your child seeing unsuitable advertising or sharing too much with other people.

5. Block pop-ups. If you're worried about your children accessing inappropriate content though accidentally clicking on adverts in pop-ups, follow the advice from BBC Webwise on how to stop these.

6. Find good sites and agree on them as a family. By talking to your child about their interests you can help them find suitable sites to visit and apps to use. Review these sites as they get older.

7. Manage their use and access. Children may be very worried that your response to a problem will be to take away their internet access. Whilst this may be an appropriate response in some cases, the threat may be a barrier for a child who needs help. Be aware of this when talking to them about their internet use, and reassure them that they can talk to you or a trusted adult whenever they need to.

A Safer Set Up



Internet Filtering

Safe Search modes for search engines



Family Safety Centre



Preferences



Safety Mode



Parental Controls



CyberMentors



How R U today?

Username
Password
[Forgot Password?](#) | [Register](#) [Login](#)

Home **What is CyberMentors?** Videos Free stuff Do something positive! Real life Safety Centre

Who is on this website? What is cyberbullying? What is bullying? How many people are affected by bullying?

Get Help Now!

CyberMentors online

Registered Users online

Search all users

Click here 2 chat

Want 2 B A CyberMentor?

APPS



We're here to help you beat bullying!

What is CyberMentors?

CyberMentors is all about young people helping and supporting each other online.

If you're being bullied, or are feeling a bit low, or are maybe troubled by something and you're not sure what to do or who to talk to, then CyberMentors is where you can go for help. It doesn't matter how big



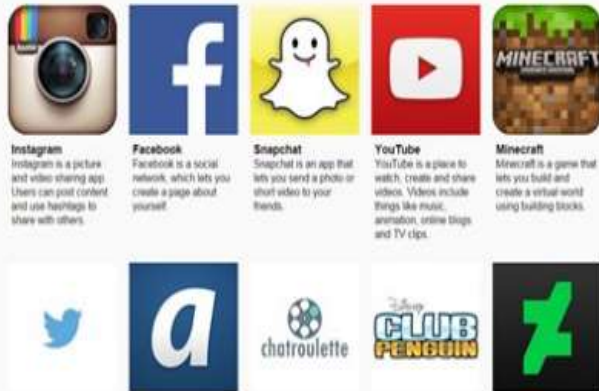
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Share Aware

<http://www.nspcc.org.uk/shareaware>

How you can be Share Aware



Keep your child safe on social networks

From Facebook and Instagram to Snapchat and Tumblr, Net Aware is a simple guide for parents to the most popular social networks, apps and games

[Visit Net Aware](#)

Download Share Aware guide

If you're not sure where to start, download our guide for top tips on how to be share aware and talk to your child about staying safe online.

[Download Guide](#)

Talk about staying safe online

Our talking tips will help you start the conversation with your child about staying safe online.

[Read more](#)

Sharing Inappropriate Images / Keeping Safe

- <http://www.nspcc.org.uk/shareaware>

Watch: 'I Saw Your Willy'



Watch: 'Lucy and the Boy'



<https://www.thinkuknow.co.uk/parents/>



I would like advice on...



[Home](#)

[Get Advice](#)

[Concerned about your child?](#)

[How to get help](#)

[Who are we?](#)

[Support tools](#)

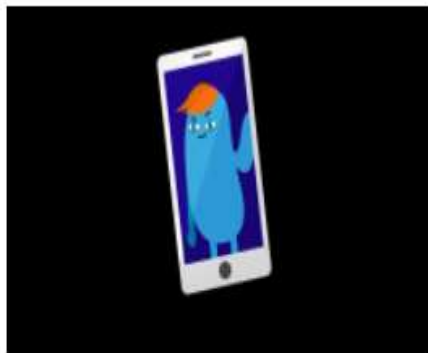
Protecting your children from abuse online

[I need to report an incident](#)

[I'm concerned about my child](#)

[I'd like to understand more about keeping my child safe](#)

Latest resources



Nude selfies: What parents and carers need to know

[Watch videos](#)



Using parental controls

[Find out more](#)



Reporting to social media sites

[Find out more](#)



Guide: ooVoo

[Read more](#)

Sharing Inappropriate Images

Nude Selfies:

- [Understanding Why](#)
- [Talking to your child](#)
- When should I be worried?
- Where to get help



<https://www.thinkuknow.co.uk/parents/>

Know IT All



Know IT All Home

About

Parents

Full Multi-Media Version

Text Based Version

Translations

Secondary Schools

Primary schools

Special Education Needs

Trainee Teachers

Volunteers

Press

Order

The image displays several overlapping screenshots of the Know IT All software interface. The top-left screenshot is titled 'YOUNG PEOPLE SMART GUIDE' and features a young boy in a black shirt. The middle-left screenshot is titled 'KNOW IT ALL FOR PARENTS OVERVIEW IN BSL' and shows a woman in a black top. The top-right screenshot is titled 'ACTIVITY CENTRE SHOPPING' and includes the text: 'The internet can give you access to shops 24 hours a day, whenever it suits you. However, there are some things which you need to check before buying online. Play this quiz to see how much you know about online shopping.' Below this text is the question 'Who knows the truth?'. The bottom-right screenshot is titled 'KNOW IT ALL FOR PARENTS QUICK OVERVIEW' and shows a man in an orange shirt. To the right of the man is a list of languages with corresponding eye icons and numbers:

ENGLISH	1
BRITISH SIGN LANGUAGE	2
ARABIC (عربي)	3
中文 (MANDARIN)	4
WERSJA POLSKA (POLISH)	5
ગુજરાતી (GUJARATI)	6
ਪੰਜਾਬੀ (PUNJABI)	7
বাংলা (BENGALI)	8

Over 1.8 million Know IT All CD ROMS distributed

1. Talk to your child about what they're up to online.
2. Watch Thinkuknow/ shareaware films and cartoons with your child on the topic.
3. Keep up-to-date with your child's development online.
4. Set boundaries in the online world just as you would in the real world.
5. Ensure they have non-screen time – children should have 60 mins of physical activity a day and a minimum of 10 hours sleep
6. Consider when, where and how your children can connect – are they safe? It is 24 hours/ 7days a week – primary aged children need about 10 hours of sleep a night
7. Use parental controls on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones.

Remember this about people
not just technology