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Year 1

I can name the main parts of the body and the difference between boys and girls
 I know how to look after my body
 I know that there are different types of relationships – family, friends and others
 I know that family and friends should care for each other
 I can recognise there are different types of teasing
 I can play and work cooperatively
 I can listen to other people
 I can share appropriately
 I can recognise that my behaviour affects others
 I know the difference between right and wrong

Keeping myself safe

I know the role of medicines in promoting health and the reasons why people use them
 I know the school rules about personal hygiene and medicines
 I know that some substances can help or harm the body
 I recognise the need for safety rules –road, fire, school environment, playground and home
 I know there are people and services who can help us
 I understand that some websites may not be age-appropriate
 I know what to do if I find something inappropriate online

My healthy lifestyle

I know the importance of personal hygiene- regular washing, bathing, showering
 I know how to look after my body
 I can recognise and name my feelings
 I know the importance of healthy eating and an active lifestyle for my health
 I can make healthy eating choices and prepare simple healthy foods

Me and my future

I know that money can come from regular sources and irregular sources
 I know that we have to pay for what we buy
 I understand the consequences of losing money or having it stolen
 I know that we can have different feelings about money
 I can say what charities are for and what some might do
 I understand that people in our school may have different values, customs and circumstances
 I know that there are some things people have to buy and other things that we choose to buy
 I can explain the difference between needs and wants
 I understand individuals and families have to find ways to balance wants and needs
 I understand that it may not be possible to have everything you want, straight away, if at all
 I can set myself simple goals
 I can identify positive things about myself and say what I enjoy about school
 I can describe the work that people do in my family, my school and where I live.

Becoming an active citizen

I can express a simple opinion, agreement and disagreement
 I can ask questions
 I play a full part in the life of my classroom
 I can agree and follow rules for my group and classroom

Moving on

I can identify positive achievements during my time in Year 1
 I can explain what I am worried about and what I am looking forward to in Year 2
 I know what to expect when I start Year 2
 I know some of the reasons why change can feel uncomfortable and scary.
 I know some of the ways of dealing with the feelings that sometimes arise from changes

Year 2

I know about the changes that have happened to my body since birth
 I can recognise the similarities and differences between boys and girls
 I can question whether boys and girls should behave differently
 I use appropriate language for body parts
 I understand the importance of valuing of one's own body and recognising it's uniqueness
 I know that individuals have rights over their own bodies, and that there are differences between good and bad touching
 I know who I can go to if I am worried about something
 I know that people can do different things according to age and development and that people grow from young to old
 I recognise that peoples' needs change with age
 I know that there are different types of bullying and teasing
 I know that bullying is wrong and know how to deal with bullying Behaviours
 I can listen to others and respect their viewpoints
 I can identify and respect differences and similarities between people
 I know how to be a good friend

Keeping myself safe

I use simple skills which will help to maintain my personal safety
 I understand that all drugs can be harmful if not used properly
 I know simple rules about medicines and other substances used in the home, including solvents and can be harmful if not used properly
 I can demonstrate an understanding of E-safety when communicating online or using the internet
 I can recognise and say what is right and wrong
 I understand that pressure to behave in an unsafe way can come from a range of people, including people I know
 I know how to ask for help when I need it

My healthy lifestyle

I can make simple choices to improve my health and well-being
 I know how diseases are spread and how they can be controlled
 I can recognise and name my feelings
 I begin to recognise the range of human emotions and some ways to deal with these

Me and my future

I know that "The Lottery", "Scratch cards" etc gambling
 I begin to understand amounts in real terms e.g. the real cost of things
 I can choose a way to pay and consider how the choice might affect me
 I can recognise the coins and notes we use
 I know different ways that money can be looked after
 I know some of the essentials that have to be paid for
 I know that we can pay for things in a range of ways
 I can choose the correct value of coins and calculate change
 I am able to keep simple financial records
 I begin to understand that money is a finite resource and needs to be managed
 I understand that even when not using cash money is being used
 I understand that the choices we make affect ourselves and others
 I can describe why learning is important
 I am positive about who I am, what I have achieved and take into account what other people say about me
 I am aware that girls and boys have the same choices and opportunities in learning, careers and work

Becoming an active citizen

I can take part in discussions/simple debate with others about topical issues
 I know that people and other living things have needs and recognise my own responsibility to meet those needs
 I can contribute to the life of the class and the school
 I know that I belong to different groups and communities ie school, family
 I know what can be harmful to the environment
 I know some ways to look after my environment

Moving on

I can identify positive achievements during my time in KS1
 I can explain what I am worried about and what I am looking forward to in Year 3
 I know what to expect when I start Year 3
 I know that even changes we want to happen can sometimes feel uncomfortable.
 I can tell you how I would feel if a change that I didn't want to happen was imposed on me.

Year 3

I can identify different types of relationships and show ways to maintain good relationships
 I understand that relationships may change over time
 I can judge what kind of physical contact is acceptable or unacceptable
 I know how other families are similar or different to mine
 I understand that it is OK to be different to others
 I can describe the nature and consequences of bullying and express some ways of responding to it (this includes different types of bullying, how to recognise it, how to seek help and coping strategies)
 I can empathise with other people and situations through topical issues, problems and events
 I can listen to and show respect for the views of others
 I know the importance of valuing myself
 I can recognise and challenge stereotypes

Keeping myself safe

I can identify and explain how to manage the risks in different familiar situations.
 I know how to ask for help
 I can make judgements and decisions and use basic techniques for resisting negative peer pressure
 I can demonstrate basic safety procedures when using medicines
 I know how to keep myself and others safe when using roads
 I know school rules for health and safety, basic emergency procedures and where to get help for myself and others in need
 I know school rules relating to medicines, alcohol, tobacco, solvents and illegal drugs
 I can demonstrate an understanding of E-safety when communicating online
 I can explain how my actions have consequences for myself and others

My healthy lifestyle

I can make choices about my lifestyle to improve my health and well-being
 I understand the link between physical activity and nutrition in achieving a healthy lifestyle
 I can plan and prepare simple healthy meals
 I know what are the good habits for looking after my growing body
 I can recognise my feelings and emotions and what makes me feel happy/sad

Me and my future

I know how to look after and handle money in everyday situations
 I can make simple financial decisions and consider how to spend money, including pocket money and contributions to charity
 I know that individuals and families may need or choose to spend their money in many ways
 I know there are different ways to gain money, including earning it through work
 I know that it is possible to keep money safe by putting it into an 'account' in the bank, building society
 I can appreciate the real cost of some items and commodities
 I can make choices about how money should be spent
 I know that families and individuals may have many commitments and may manage their money in a range of ways, depending on values, culture and income
 I understand that choices have an impact on individuals and families
 I know that you can plan for future spending and how to save
 I understand that money is a finite resource for individuals, institutions and the community
 I know that making comparisons between costs is important in managing your money
 I am able to make comparisons between prices when deciding what is the best 'value for money'
 I begin to understand why we have charities
 I can explain why people work and the different jobs that people do
 I am aware that the learning choices I make will affect my future options.
 I can talk positively about what I like to do and what I would like to do in the future

Becoming an active citizen

I can participate in making and changing rules
 I know why different rules are needed in different situations
 I know that choices we make can impact on the local, national and global communities
 I know where to find impartial advice to inform my decision making
 I can empathise with other people and situations through topical issues, problems and events

Moving on

I can identify positive achievements during my time in Year 3
 I can explain what I am worried about and what I am looking forward to in Year 4
 I know what to expect when I start Year 4
 I can sometimes understand why other people are behaving as they are when they are finding change difficult.